



1. Strong Bonds is a Chaplain-led Commanders' Program for Service Members, which builds relationship resilience. The mission of Strong Bonds is to increase Service Member and Family readiness through relationship education and skills training. Information and registrations are located on the Strong Bonds Facebook page at <http://www.moguard.com/Assets/Pages/24/Strong-Bonds.aspx?ID=24>.
2. The Strong Bonds Couples weekend event is designed to strengthen relationships, inspire hope and rekindle marriages — even start the journey of healing for relationships under fire.
3. The Strong Bonds Family weekend event is designed to strengthen family relationships and help create positive memories.
4. Some important information to help you register for the event:
  - a. Tentative schedule for weekend training event: Friday, 7-9 p.m.; Saturday, 8 a.m.-4:50 p.m., & Sunday, 9:00 a.m.-12:00 p.m with Optional Chapel Service at 8:20 a.m. on Sunday.
  - b. To attend the Married Couples event, Soldier must be legally married to spouse and spouse must be enrolled in DEERS. If children are in childcare, they must be enrolled in DEERS.
  - c. To attend the Family event, Soldier, spouse (if applicable), and children must be enrolled in DEERS.
  - d. Hotel room for Friday and Saturday night and five meals are provided at no cost to participants. You are responsible for your transportation costs to and from the event.
  - e. Please note: There will NOT be any military orders for the MOARNG Soldier nor invitational travel orders for the spouse attending the event.
  - f. Casual attire, no uniforms please.
5. Forward completed registration form by email to [pauline.r.spurgeon.civ@mail.mil](mailto:pauline.r.spurgeon.civ@mail.mil) or [ng.mo.moarng.mbx.chaplain@mail.mil](mailto:ng.mo.moarng.mbx.chaplain@mail.mil) no later than the registration cut-off for the requested event and use the subject line: MOARNG Strong Bonds (applicable month of event) (Your last name).
6. Approximately 2 weeks prior to the event, a welcome letter with information will be sent to your email account.
7. If you have any questions, please call Ms. Pauline Spurgeon at 573-638-9687.

Registration form on back

## Missouri Army National Guard Strong Bonds Registration

Please checkmark the date you wish to attend.

**Married Couples** Weekend (limited to 30 couples per event):

\_\_\_\_\_ 27 – 29 Jan 17 (registration cut-off is **10 Jan 17**), Lake Ozark

\_\_\_\_\_ 21 – 23 Apr 17 – **NEW DATE** (registration cut-off is **10 Apr 17**), Lake Ozark

\_\_\_\_\_ 28 – 30 Jul 17 (registration cut-off is **13 Jul 17**), Location To Be Determined  
(IF FUNDING IS AVAILABLE)

**PLEASE PRINT LEGIBLY:**

Soldier's Name: \_\_\_\_\_ **Full SSN:** \_\_\_\_\_

**Use proper name as listed in DEERS.** Last First MI

Gender: \_\_\_\_\_ Rank: \_\_\_\_\_ Drill Location (City): \_\_\_\_\_

Unit: \_\_\_\_\_ Deployment Date (if applicable): \_\_\_\_\_

Have you ever attended a Strong Bonds training before? YES NO If so, when? \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

**Use proper name as listed in DEERS.** Last First MI

Gender: \_\_\_ Spouse Military: **YES NO** If **yes**, Spouse's Rank & Full SSN: \_\_\_\_\_

Home Address: \_\_\_\_\_

Contact Phone # & First Name: \_\_\_\_\_ Alt # & First Name: \_\_\_\_\_

Email 1 \_\_\_\_\_ Email 2 \_\_\_\_\_

I do\_\_\_/do not\_\_\_ need childcare for the event. Number of children: \_\_\_\_\_  
(Ensure children are listed in DEERS. Please complete childcare registration form, if applicable.)

**Are you interested in optional training opportunities?** We will only be able to support one event at each time, so vote for anything you would be interested in. These can be presented at the times listed below, if there is enough interest.

Friday afternoon 1600-1800

\_\_\_ Dave Ramsey Financial Peace \_\_\_ Scream Free Parenting \_\_\_ Five Love Languages

\_\_\_ Not interested

**Soldier's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

*Although you will **not** be charged for lodging and meals, there is a significant amount of coordination and cost associated with this event. Your signature confirms the attendance of you and your spouse. Please notify Ms. Spurgeon at 573-638-9687 immediately if you cannot attend.*

**Registration Form updated 6 Mar 17.**