



The Trueman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

August 2015 Issue 5

Women's Equality Day *Celebrating Women's Right to Vote*

Women's Equality Day commemorates American women achieving full voting rights under the U.S. Constitution by passage of the 19th Amendment in 1920.

This historic event was the culmination of a massive civil rights movement by women that had its formal beginnings in 1848.

Over the following decades, the suffragists spent their time lobbying states to have the amendment ratified by the required two-thirds of the states.

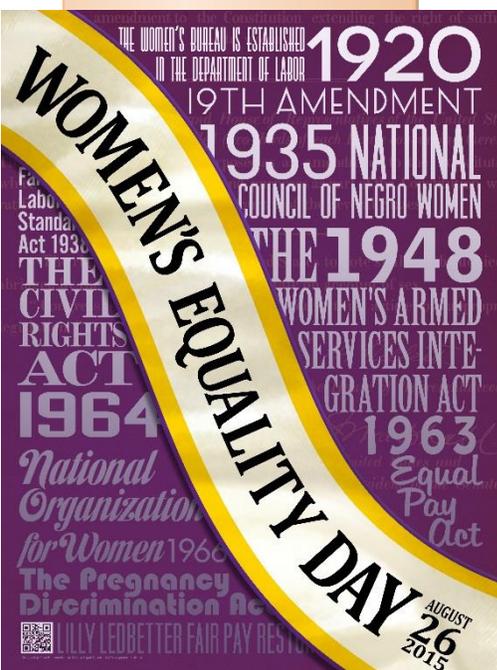
Tennessee was the final state needed for ratifying the 19th Amendment. The state's decision came down to 24-year-old Representative Harry T. Burn to cast the deciding vote.

Although Burn opposed the amendment, his mother implored him to approve it. Burn heeded the advice of his mother and cast the deciding vote on August 26, 1920.

The 19th Amendment to the Constitution was finally ratified, enfranchising all American women and declaring for the first time that they, like men, deserved all the rights and responsibilities of citizenship.

In the 95 years since the 19th Amendment was ratified, women have made strides in every facet of American life, and we have learned that our country succeeds when women succeed. Investing in gender equality and women's empowerment can unlock human potential on a transformational scale.

Source: www.deomi.com





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Juneteenth Celebration

June 2015 Jefferson City

Juneteenth is a traditional African-American event that celebrates the freeing of the last slaves in the United States and is observed world-wide each year on June 19. This year, the Missouri National Guard (MONG) had the pleasure of partnering with the community by participating in the 2015 Juneteenth Emancipation program in Jefferson City at Riverside Park. The event had well over 400 hundred people in attendance celebrating this momentous event.

MONG's own LTC Eddie Brown is a Jefferson City Juneteenth Executive Board member and chairs the Emancipation Program and security. He coordinated a constituted team effort involving the Recruiting and Retention Battalion and an Honor Guard featuring Soldiers of Headquarters and Headquarters Detachment-Joint Force Headquarters and 229th Multifunctional Medical Battalion. MONG provided sound equipment, two Humvees and variety of T-shirts and other promotional items to support the event for attendees' enjoyment.

LTC Brown's efforts to strengthen the rapport between the MONG and community demonstrates MONG continued commitment in community involvement and partnerships.

- MAJ Deborah Smith, SEEM



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Purple Heart Day

The award we have come to recognize as the Purple Heart actually found its roots not so much in the desire to create a new medal for military men to wear, as it was in the desire to honor a great American hero of the past. George Washington was born on February 22, 1732.

Nearly 200 years later the American public was preparing for the bi-centennial of his birth, complete with commemorative events and celebrations. In the process of researching the life of the Father of our Country in order to plan the celebration, General Washington's Executive Order of August 7, 1782 was found. Along with it was the record of his purple Badge of Military Merit and the accounts of the three men who had received it.



On October 10, 1927 Army Chief of Staff, General Charles P. Summerall drafted a bill to send to Congress in an effort to revive the Badge of Military Merit. For whatever reasons, the bill received little support and was withdrawn early the following year.

As the bi-centennial celebration drew closer, General Summerall was replaced by General Douglas MacArthur, a hero of service in Mexico and World War I, and the son of a Civil War Medal of Honor recipient. With little public fanfare, General MacArthur began work anew on General Summerall's proposal to re-establish the Badge of Military Merit. Throughout 1931 the Army quietly designed and created the new award. It was announced on February 22, 1932...the 200th anniversary of George Washington's birth. In honor of the Father of our Country and the man who established our military's first medal, the Purple Heart would bear the profile on George Washington on its face.

The Army quickly embraced the new medal, authorizing its presentation to any soldier whose "wound...necessitates treatment by a medical officer and which is received in action with an enemy." The award itself was made retro-active, allowing World War I Army veterans who had been wounded in action to exchange previously received Meritorious Service Citation Certificates for the new Purple Heart Medal. In the early days of World War II, soldiers received the Purple Heart not only for wounds, but also in some circumstances, for meritorious service.



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The Navy was not so quick to accept the Medal, and not until a year after Pearl Harbor was it authorized for sailors and Marines. On December 3, 1942 President Franklin D. Roosevelt issued an Executive Order authorizing the Purple Heart to sailors and Marines wounded or killed on or after December 6, 1941.. Later, President Truman extended the time period for the award back to April 5, 1917, allowing Naval and Marine Corps veterans of World War I to receive the award.

This made all those injured or killed at Pearl Harbor eligible for the Purple Heart. At the same time he established the Legion of Merit medal for meritorious service, restricting the Purple Heart for award only to those killed or wounded in combat.

Today the Purple Heart is perhaps, the most unique of all United States military awards. Though low in the order of precedence on the Pyramid of Honor (it ranks below the Bronze star), it is one of the most widely recognized and respected medals. It can not be earned by courage or by exceptional service or achievement. The Purple Heart signifies one thing...SACRIFICE. Whenever you see the Purple Heart, know that it represents either a combat death or a combat wound. It represents the blood that has been shed in defense of liberty.

Source: <http://daysofyear.com/purple-heart-day> | Image: www.pinterest.com



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Blue Star Museums 2015

Hollywood megastars have nothing on you when it comes to all-access passes. You can be the star this summer while giving your wallet a vacation.

More than 2,000 museums across America are rolling out the red carpet for active-duty, National Guard and reserve service members and their families between Memorial Day and Labor Day. Simply flash your ID and enjoy no-cost access through the Blue Star Museums initiative.

The program, which is entering its sixth summer, is a collaborative effort between the Department of Defense, National Endowment for the Arts, Blue Star Families and participating museums. Just think how it multiplies your Morale, Welfare and Recreation offerings. Your challenge is to find a way to choose from all of your options.

Here's what you should know:

- **You'll be in good company.** An estimated 2.4 million military families have enjoyed Blue Star Museums since its launch in 2010. An estimated 700,000 visited just last year. Join their ranks, if you haven't already. Explore answers to frequently asked questions about the program.
- **Your ID card is your ticket inside the museums.** Just show your common access card or DD Form 1173 or 1173-1 identification card.
- **This is an ideal time to explore new interests.** Your admission is covered, so there's no need to limit yourself. Explore fine art, history, science, children's museums, arboretums, historical parks, nature centers, plantations and more. Find participating museums near you or along your travel route. There are options in all 50 states, the District of Columbia, Puerto Rico and American Samoa.
- **The Blue Star Museums initiative expands your Morale, Welfare and Recreation benefits** by providing even more ways for you and your family to explore your community, spend time together and share adventures.
- **As you map out your museum visits this summer, check with your** Information, Tickets and Travel office to find additional attractions in your area.
- **If you're settling into a new duty station,** take a break from unpacking and explore your new community. Blue Star Museum visits will help you get to know the place and its people. Knowledge and friendship await.

Make this your summer of new experiences. See how many Blue Star Museums you can explore — and be sure to take advantage of the other great opportunities your Morale, Welfare and Recreation program offers.



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Blue Star Museums 2015

Missouri

Carthage

[Powers Museum](#)

Fort Leonard Wood

[U.S. Army Military Police Corps
Museum](#)

Hermann

[Historic Hermann Museum](#)

Independence

[National Frontier Trails Museum](#)

Jefferson City, MO 65101

[Missouri State Museum](#)

Kansas City

[American Jazz Museum](#)

[Negro Leagues Baseball Museum](#)

[The Nelson-Atkins Museum of Art](#)

[Westport Historical Society and the
1855 Harris-Kearney House](#)

[Museum](#)

Kingsville

[Powell Gardens, Kansas City's
botanical garden](#)

Kirksville

[Museum of Osteopathic Medicine](#)

Malden

[Bootheel Youth Museum, Inc.](#)

Raytown

[Raytown Historical Society
Museum](#)

Saint Louis

[Contemporary Art Museum St.
Louis](#)

Savannah

[Andrew County Museum](#)

St. Joseph

[Albrecht-Kemper Museum of Art
Remington Nature Center
St. Joseph Museums, Inc.](#)

St. Louis

[Inside the Economy Museum at the
Federal Reserve Bank of St. Louis](#)

[Mildred Lane Kemper Art Museum](#)

[Pulitzer Arts Foundation](#)

[The Eugene Field House & St. Louis
Toy Museum](#)

[The Magic House](#)

[Webster Groves Historical Society](#)

See more at:

<http://arts.gov/national/blue-star-museums#!MO>



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May 2015 Issue 2

August 10 is
National S'mores Day!



About this Recipe

Yield:
serves 6 to 8

Prep Time:
10 minutes

Total time:
30 minutes

Source: By Sherrybeth
on August 19, 2007
www.food.com |
Image:
www.thesucculentwife.com

S'mores Pizza



Ingredients

- 1 (16 1/2 ounce) packages Pillsbury refrigerated chocolate chip cookie dough
- 2 cups chocolate chips
- 2 cups graham crackers, broken in 1 inch pieces
- 2 cups miniature marshmallows
- Chocolate syrup, for garnish (optional)

Directions

1. Spread the softened cookie dough into a lightly greased pizza pan, flattening it to the edges.
2. Bake at 350 degrees for 8-10 minutes until it begins to brown SLIGHTLY.
3. Remove the cookie from the oven and sprinkle the top with the chocolate chips, graham crackers and marshmallows.
4. Return the cookie to the oven for 5-8 minutes until crust is brown and chips and marshmallows are melted.
5. Allow to cool slightly before serving.
6. Garnish with chocolate syrup, if desired.⁸



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Watermelon Lemonade

Ingredients

- 8 cups cubed seedless watermelon
- 2 (12oz) cans frozen lemonade
- 4 cups water

Directions

1. Place watermelon in a blender or food processor.
2. Cover and blend on medium speed until smooth.
3. Place lemonade concentrate and water in a large pitcher or punch bowl.
4. Add watermelon.
5. Mix well.
6. Garnish with additional watermelon if desired

About this
Recipe

Yield:
12 cups

Prep Time:
15 minutes

Total time:
15 minutes

Source: By Karen From
Colorado on May 21,
2002

www.food.com |

Image:
www.imgarcade.com





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International Institute's Festival of Nations

Presenting Sponsor...



Festival of Nations 2015 Highlights

EVENT: A multiethnic celebration featuring dance, music, food, cultural and educational exhibits, folk art demonstrations, and craft market. Presented by the International Institute and 125 community organizations.

DATES: Saturday, August 29 10 a.m. to 7 p.m. and Sunday, August 30 10 a.m. to 6 p.m.

VENUE: Tower Grove Park, 4256 Magnolia Ave, St. Louis. The event will take place nearest S. Grand and Arsenal. A free shuttle service will be available throughout the Park.

PRICES: Admission and entertainment are free; food and gifts are affordably priced.

ENTERTAINMENT: Four stages of non-stop dynamic music and dance performances by traditional ethnic artists, world music favorites and the finest traditional acoustic music and song. From Spanish flamenco to a Vietnamese lion dance, from thundering drums to Irish harp, there is something for every taste!

It's everybody's party!

- 40 food booths featuring Ethiopian injera with doro wat, Filipino kebabs, and other mouth-watering ethnic treats!
- 35 gift booths selling African drums, Turkish jewelry, Indian saris and other hand-made items
- Family Arts & Crafts with mask-making and other hands-on activities
- Try belly-dancing, Colombian carnival and other ethnic dances on the popular Village Green



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36th annual **FEEL THE WORLD BEAT IN THE HEART OF AMERICA**
ethnic enrichment festival

August 21 - 23
Swope Park, Kansas City, MO
 Adults : \$3; 12 & Under : Free
Free Parking

"Kids' World" - Activities just for children!

More information:
 816:513-7553
www.eeckc.net

2015 ETHNIC FESTIVAL STAGE SCHEDULE

Friday, August 21, 2015

6 p.m.	CZECH AND SLOVAK	Slovak Dance Troup
6:30 p.m.	GERMANY	Baustler Folk Dancers
7 p.m.	EGYPT	Sham Ali and Company
7:30 p.m.	COLOMBIA	Grupo Quimbaya
8 p.m.	THAILAND/NEPAL	Thai Cultural Center/ Nepali Dancers
8:30 p.m.	GREECE	St. Dionysios Greek Dance Troup
9 p.m.	HAWAII	Hula Hale O'Kakahi
9:30 p.m.	JAPAN	Taiko Drums

Saturday, August 22, 2015

12 Noon	BOLIVIA	World Music with Armando Espinosa
12:30 p.m.	SERBIA	St. George Serbian Orthodox choir
1 p.m.	SWEDEN	Scandinavian Folk Dancers of KC
1:30 p.m.	REP. OF CHINA	HK Chinese Folk Dancers
2 p.m.	ETHIOPIA	Ethiopian Dance Ensemble
2:30 p.m.	MALAYSIA	Malaysia Dance Group
3 p.m.	UKRAINE	Merina's Ukrainian Songbook
3:30 p.m.	CHINA	Chinese Dance Group
4 p.m.	SPECIAL PARADE OF FLAGS AND SCHOLARSHIP AWARD	
5 p.m.	ECUADOR	Ecuadorian Folkloric Dance Group
5:30 p.m.	SCOTLAND	St. Andrew Pipes and drums
6 p.m.	MOROCCO	West of Morocco
6:30 p.m.	IRELAND	O'Wade McCarthy-Manning Dancers
7 p.m.	MEXICO	Kate Marie's Fiesta Mexicana
7:30 p.m.	Evening Entertainment Setup	
7:45 p.m.	PHILIPPINES	Sinag-Tala Dance Group
8:30 p.m.	SAMOA	Key Polynesia
9:15 p.m.	CROATIA	Tarabkuthny/Hvalobki Tikokaj

Sunday, August 23, 2015

11:30 a.m.	INDONESIA	Gamelan Geriz Resturi
12 Noon	Vietnam	Holy Martyrs Youth Group
12:30 p.m.	NICARAGUA	Group Manantla
1 p.m.	JAPAN	Kendo Self Defense
1:30 p.m.	LITHUANIA	"Aidas" Lithuanian dancers
2 p.m.	Native Fashions	FASHION SHOW
3 p.m.	BRAZIL	Axé Capoeira & Grupo Tropicália
3:30 p.m.	INDIA	India Association of KC
4 p.m.	ISRAEL	"Tikvah" Israeli Dancers
4:30 p.m.	NIGERIA	Nigerian Community Dancers
5 p.m.	JAMAICA	"Jahration" Reggae Band
5:30 p.m.	RUSSIA	Russian Family Singers

NO PETS ALLOWED

www.eeckc.net

NO PETS ALLOWED





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A “Show–Me” Salute TO ALL WHO SERVE



Sunday, August 16, 2015 at 2 p.m.
Mathewson Exhibition Center
Sedalia, MO

FREE admission

to the Missouri State Fair for all military.
\$1.00 admission for military family members.
For more information, visit MoStateFair.com
or call (800) 422-3247.



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**American
Heart
Association®**

My Heart. My Life.

Heart Walk®

WHAT: **Mid-Missouri Heart Walk**
WHO: **Over 500 Community Members and
Representatives from Local Businesses**
WHERE: **Memorial Park, Jefferson City**

- ♥ Super Star/Top Walker Tent
- ♥ Fitness and Nutrition Experts
- ♥ Heart Health Information & Screenings
- ♥ Music
- ♥ Survivor Area
- ♥ Kid's Activities: face painting, Scholastic books, dental care, hula hooping, jump roping, clowns, etc.

WHEN: **SATURDAY, August 22nd, 2015**
**Gates open at 8:00am - Walk begins
at 9:00am - Wrapped up by 11am**

- ♥ Festivities/Team Pictures
- ♥ Welcome and Warm Up
- ♥ Walk
- ♥ Awards, Food, and Music

WHY: **CARDIOVASCULAR DISEASE IS THE #1 KILLER OF MEN & WOMEN**

The Heart Walk educates the Mid Missouri area of the risk factors of cardiovascular diseases & stroke, and what we can do to prevent it. Funds raised support local medical research & educational programs of the American Heart Association.

HOW: **All are welcome! Please come and join us for this fun, family and pet-friendly event.**

To support our lifesaving mission: *form a team*, (sign up online at www.jeffersoncityheartwalk.org) and *shoot for our Individual Walker Goal of \$250* by asking for flat donations (*not pledges*) from friends, family & co-workers. Walkers will have a choice of distances to walk and are encouraged to walk at their own pace. Call [573-446-3000](tel:573-446-3000) or e-mail Whitney.Schieber@heart.org today!

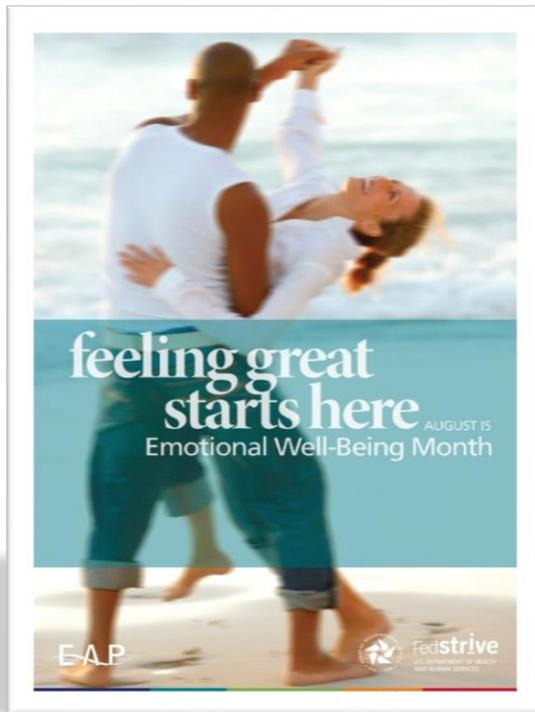




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TOPIC OF THE MONTH

EMOTIONAL WELL BEING MONTH

For More Information:

www.foh.hhs.gov

IN THE SPOTLIGHT - WEBINAR



Image Source: www.newconsultanthq.com

TOPIC OF THE MONTH:

Work / Life Balance

VISIT

www.foh4you.com

Take the QUIZ

Balancing Work, Family and Personal Needs



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Coming Next Month



Image Source: www.hcpl.net

SEPTEMBER 15 – OCTOBER 15, 2015

2015 THEME:

HISPANIC AMERICANS:

**ENERGIZING OUR NATION'S
DIVERSITY**



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Contact SGT
Desiree Torres to
help contribute
to this
newsletter

desiree.n.torres.
mil@mail.mil

573-638-9500 x
39788



WE NEED YOUR HELP!!

Help us make *The Truman* even more interesting!

We want

- To hear **your** ideas
- See **your** articles
- Know about **your** community events
- Learn how Diversity plays a role in **your** life in and outside of the Guard



KNOW YOUR EO

JFHQ EO/EEO STAFF

MAJ DEBORAH SMITH
STATE EQUAL EMPLOYMENT MANAGER (SEEM)

TSGT MIKE MARSDEN
EO/EEO SPECIALIST

SGT DESIREE TORRES
EO/EEO ASSISTANT

HHD, JFHQ EO STAFF

LTC ALAN ROHLFING
HR/EO OFFICER

MSG PAUL BOOTH
EQUAL OPPORTUNITY
ADVISOR (EOA)