



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

M O G U A R D • C O M
W W W



Greetings from
the Assistant

Hispanic Heritage
Month

*Hispanic
Americans in the
U.S. Army*

*Why Do We
Celebrate Labor
Day?*

*Pura Belpré
Awards*

Recipes from
Cuba & Puerto
Rico

MO Diversity
Events

Grandparents
Day

FOH & EAP
Spotlight



GREETINGS FROM THE ASSISTANT

Greetings,

This month we celebrate Hispanic Heritage Month. As a Missouri Guardsman, I am also proud to honor my Puerto Rican background. This month let us all honor our Hispanic Americans who have impacted our country, culture and history and continue to do so today.

In this issue of *The Truman* I have included an inspiring article representing some of our history's Hispanic Americans and how they courageously fought and defended our nation.

Respectfully,

SGT Desiree Torres
EO/EEO Assistant



The Trueman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

Hispanic Heritage Month *Energizing Our Nation's Diversity*

Each year, we observe National Hispanic Heritage Month from September 15th to October 15th, celebrating the histories, cultures, and contributions of American citizens with ancestors from Spain, Mexico, the Caribbean, and Central and South America.

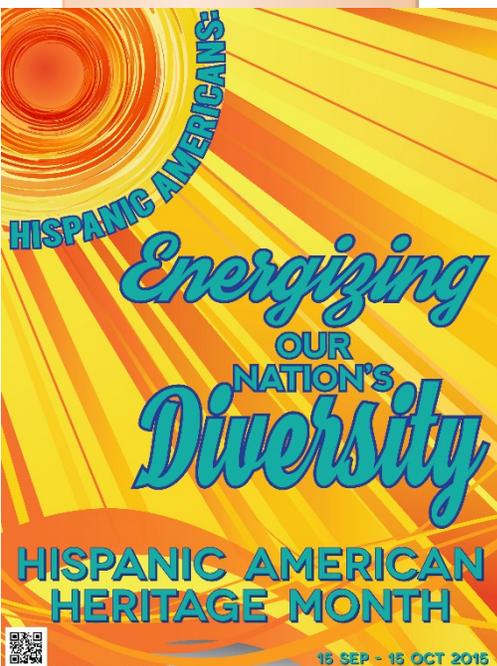
September 15th is the anniversary of independence for Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. Mexico declared its independence on September 16th, and Chile on September 18th. Columbus Day is recognized on October 12th.

Generations of Hispanics have enriched every facet of our national identity, with traditions that reflect many diverse Hispanic/Latino ancestries.

“From the earliest days of our Republic, Hispanic Americans have written crucial chapters in our national story. Hispanics have honorably defended our country in war and built prosperity during times of peace. They run successful businesses, teach our next generation of leaders, and pioneer scientific and technological breakthroughs. This month, America acknowledges these vital contributions and celebrates our Hispanic heritage.”

—President Barack Obama
Presidential Proclamation 2013

Source: www.deomi.com





The Trueman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

Hispanic Heritage Month September 15 - October 15

Hispanic Americans in the U.S. Army

September 15, 2013

During Hispanic American Heritage Month the U.S. Army recognizes the achievements and contributions of these individuals. America's diversity is a source of strength, and Hispanic Americans have not hesitated to defend and show their allegiance to this nation in many ways, but especially through military service.

Originally a week-long celebration approved by President Johnson, National Hispanic Heritage Month (15 September - 15 October) was enacted into law in 1988. The celebration heightens our attention to diversity and the many contributions Hispanics have made to enrich the United States.

The observance commences on 15 September to coincide with the day several Latin American countries celebrate their Independence Day. Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua celebrate their Independence Day on 15 September, Mexico on 16 September (not on 5 May/"Cinco de Mayo"), and Chile on 18 September. Columbus Day, "Día de la Raza", is also celebrated during Hispanic Heritage Month.

For years, the Army has forged relationships with Hispanic associations, and will continue to support and sponsor professional development forums. Through these relationships, the Army further increases awareness among key Hispanic audiences of the educational and career opportunities available in the Army.



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

PROFILE:

Corporal Eugene C. Rivera

On April 25, 1951, the Eighth Ranger Company (Airborne) found themselves heavily engaged with Chinese forces as they provided forward reconnaissance during the withdrawal of the 24th Infantry Division near a Korean terrain feature designated Hill 628. Operating the only remaining radio, Corporal (CPL) Eugene C. Rivera, a Communications Chief with the Rangers, adjusted artillery fire upon the enemy. Despite their best efforts, friendly troops were unable to break through the Chinese lines to reconnect with the isolated unit. As casualties mounted, the Rangers were encouraged to, "Get out the best you can." Not willing to abandon any Soldier, the Rangers prepared to make their final stand as CPL Rivera spotted American tanks. To save his fellow Rangers, CPL Rivera bravely climbed a desolate hill, and while under relentless fire from the enemy, established and maintained radio contact with the tank platoon leader. His selfless act allowed the M46 Patton, tiger-striped tanks of the Sixth Tank Battalion to break the enemy encirclement and evacuate the wounded.



Left: CPL Eugene C. Rivera, Eighth Ranger Company (Airborne) attached to the 24th Infantry Division, Korea 1951.



Eighth Ranger Company (Airborne) Fort Carson Colorado, February 1951. CPL Eugene C. Rivera is seated in the first row second from the left.



The Trueman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

The Borinqueneers

In August 1950 the Korean War was less than two months old, and Puerto Rico's 65th Infantry Regiment was on its way to the combat zone. The regiment landed at the port city of Pusan on the Korean Peninsula's southern tip, where U.S. forces had been holding a perimeter against the Communist North Korean invaders. Sent into action immediately, the Puerto Ricans took part in the U.S. breakout and drive to the north. Following the brilliantly planned and executed surprise landings at Inchon, U.S. and other United Nations forces drove deep into the mountains of North Korea.

At that point a huge Chinese Army entered the war. The U.S. Eighth Army was overrun, and the 1st Marine Division, with attached U.S. and British Army Units, was completely encircled. In one of the greatest fighting retreats in history, the outnumbered Marines battled their way south to the coast. The first friendly troops they saw on the frozen ridgetops were the Puerto Ricans of the 65th Infantry Regiment, sent to hold the perimeter around the vital port of Hungnam. The Puerto Ricans supervised the evacuation of Hungnam, finally sailing themselves on Christmas Eve, 1950.

The 65th landed in Pusan as they had five months before, and again fought their way northward. Late January 1951 found them south of the Korean capital of Seoul, under orders to take two hills being held by the Chinese 149th Division. The assault began on January 31st, and took three days.

On the morning of the third day the top of the hills were within reach, and two battalions of the 65th fixed bayonets and charged straight at the enemy positions. The Chinese fled.

During its service in Korea, the men of the 65th Infantry won four Distinguished Service Crosses and 125 Silver Stars. The "The Borinqueneers" were also awarded the Presidential and Meritorious Unit Commendations, two Korean Presidential Unit Citations and the Greek Gold Medal for Bravery.



The Trueman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

The 65th Infantry Regiment's gallant service in a difficult war is exemplified by its regimental motto, "Honor and Fidelity," and the regiment itself exemplifies the National Guard's leading role in our nation's military history.



The Borinqueneers -
South Korea, February 2,
1951



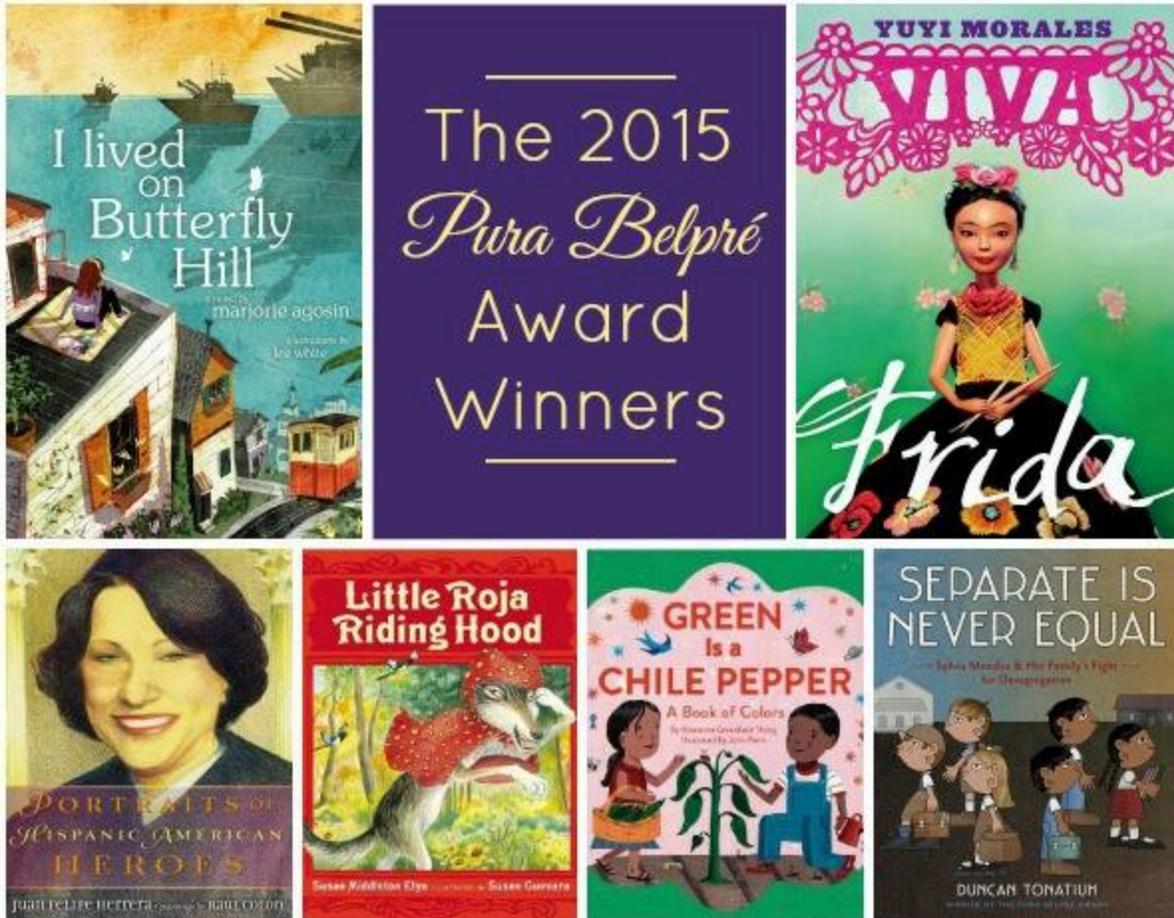
Soldiers of 65th Infantry after an all day schedule of maneuvers at Salinas, Puerto Rico. August 1941.



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



The award is named after Pura Belpré, the first Latina librarian at the New York Public Library. The Pura Belpré Award, established in 1996, is presented annually to a Latino/Latina writer and illustrator whose work best portrays, affirms, and celebrates the Latino cultural experience in an outstanding work of literature for children and youth. It is co-sponsored by the Association for Library Service to Children (ALSC), a division of the American Library Association (ALA), and REFORMA, the National Association to Promote Library and Information Services to Latinos and the Spanish-Speaking, an ALA affiliate.

Monica Olivera Feb 2, 2015 | www.latinas4latinolit.org



Image Source: www.ala.org



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



About this
Recipe

Yield:
6 servings

Beyond picadillo, and cod salt, this soup is fulfilling and rich. For extra touches, add avocado. For a vegetarian version, use vegetable stock instead of chicken.

Source: Fernanda Beccaglia
www.huffingtonpost.com | Image:
www.ticklingpalates.com

From Cuba: Sopa de Elote (Corn Soup)

Ingredients

- 4 C corn kernels, preferably fresh; if not possible, use frozen (defrosted)
- 2 C chicken stock, low sodium (preferably fresh)
- 1 C light cream or coconut cream
- Sea salt and fresh pepper, to taste
- 2 pasture eggs, lightly beaten, set aside in a bowl
- 2 T fresh parsley (or cilantro), chopped

Directions

1. In a blender, place corn, and stock, and blend until purée. (You might need to do this in 2-3 batches).
2. Pour the purée into a saucepan and add the cream. Let it simmer over low heat, stirring occasionally, for about 5-7 minutes.
3. Strain the purée through a sieve and return to saucepan.
4. Taste and adjust seasoning, and consistency.
5. Stir 1/2 cup of the soup into the eggs to temper. Add to soup and cook for 2 minutes, stirring occasionally.

Serve with fresh parsley on top and green plantain chips (recipe follow), if desired



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



From Puerto Rico: Green Plantain Chips

Ingredients

- 1 large green plantain, peeled and thinly sliced
- Vegetable oil or lard for frying
- Sea salt

Directions

1. Soak the plantain slices in water for about 30 minutes. Drain and pat dry.
2. Prepare a deep saucepan or fryer and fill it with oil (or lard) to a depth of 3 inches.
3. Heat the oil over medium heat until reaching 325°F on a frying thermometer.
4. Drop in the plantain slices and fry until crispy.
5. Remove, place on top of paper towel and sprinkle with salt.

Serve right away.

About this
Recipe

Yield:
Servings vary

This might be one of the most popular bites in Latin America, and it varies from country to country. The difference lies in its preparation. My favorite is this one from Puerto Rico.

Source: Fernanda Beccaglia
www.huffingtonpost.com | Image:
www.ticklingpalates.com



The TRUMAN

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

Japanese Festival



Labor Day Weekend

September 5-7, 2015

Celebrating the history, culture, and people of Japan, the Japanese Festival at the Missouri Botanical Garden is one of the largest and oldest festivals of its kind in the United States. Since 1977, the Missouri Botanical Garden has produced the annual Japanese Festival in conjunction with the Japanese Activities Committee, a coalition of several Japanese-American organizations that provide art, dance, food and entertainment for thousands of visitors each year.



Description

Japanese Festival. Annual Japanese Festival presents taiko drumming, bon odori festival dancing, martial arts, candlelight walks in the Japanese Garden and more. Sept. 5 & 6; 10 a.m. to 8 p.m.; Sept. 7 (Labor Day), 10 a.m. to 5 p.m. Doors open at 9 a.m. \$15 adults (ages 13 and over), \$5 children (3 to 12), \$5 members. Buy tickets in advance online at www.mobot.org. Please note: No trams, free hours or early morning walking hours on signature event weekends. Regular admission rates to the Children's Garden apply.



The TRUMAN

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6

98th Annual St. Louis Greek Festival

Labor Day Weekend

Friday, Sept 4th - Monday, Sept 7th

4967 Forest Park Avenue

****Kick-Off Event at Athens On The Street on Forest Park Ave!****



Gyros, moussaka, spanakopita, baklava. . . there's no better way to spend Labor Day weekend this side of Mykonos than at the 98th Annual St. Louis Greek Festival at St. Nicholas Greek Orthodox Church in St. Louis' Central West End. Come and experience a taste of Greece, Live Music, Church Tours & Books, Greek Folk Dancing, and Gift Shop - daily! The parishioners of St. Nicholas welcome you with hospitality and joy! The fun reigns supreme from 11 a.m. to 9 p.m. Saturday & Sunday and 11 a.m. to 8 p.m. on Labor Day at the corner of Forest Park and Kingshighway. Start the holiday weekend at our new Kick-Off Event on Friday, September 4th starting at 5:00 p.m. at Athens On The Street, new on Forest Park Ave! (Select menu of Festival Favorites, Beverages, and Live Music).

Voted the best local festival by St. Louis Magazine, the Greek Festival features live entertainment with music by Christos Sarantakis and folk dancing by the St. Nicholas Greek Dancers. Enjoy delicious food & drink, a tour of the beautiful church, and browse the gift shop featuring imported items from Athens.

Be Greek for a day.....OPA!!

More information: www.sngoc.org



The TRUMAN

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



IRISH FEST RETURNS TO CROWN CENTER FOR YEAR 13

A Chance to Get Lucky This Labor Day Weekend!

Friday, Sept. 4, 5-11 p.m. | Saturday, Sept. 5, 11 a.m. to 11 p.m. | Sunday, Sept 6, 11 a.m. to 11 p.m.
Adult tickets Friday: \$10 | Adult tickets Saturday and Sunday: \$12 in advance. \$18 at gate | Adult weekend passes (3 days): \$30 | Tickets at local Hy-Vee stores, and on-line at kcirishfest.com.

At 13, Kansas City's popular Irish Fest is now officially a teenager, and she's ready to dance. The party kicks off on Labor Day weekend, Sept. 4, 5 and 6 at Crown Center, with more than 300 traditional musicians, dancers and rock and rollers from Ireland and across the Celtic world.

- A Memorable Music Line-Up - Mundy, The Elders, Gaelic Storm and more
- A Thousand Dances – dance competition and professional performances
- Storytelling: Fairies and Ghosts – Readings and songs from professional storytellers
- OH-SO Clever Celtic Comedy – Comedy Shows
- Book Authors and Other Babblers – Talks, presentations, demos and more
- Holy Cow – Irish Fest Catholic Mass
- Ethnic Food, beer and whiskey tastings
- Heritage Displays, Instrument and dance workshops
- Family Friendly Activities – Bounce houses, slides, rock wall and more

Tickets and more information visit www.kcirishfest.com



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

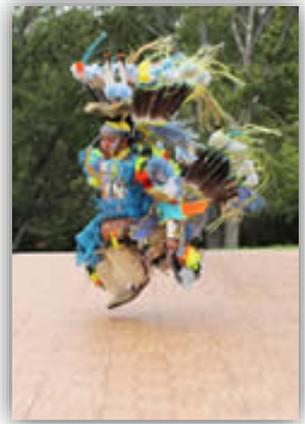
September 2015 Issue 6

38th Annual Heritage Festival & Craft Show

Saturday & Sunday, September 19 & 20, 2015 10 am - 5 pm
Historic Nifong Park, 3700 Ponderosa (Hwy 63 S & AC/Grindstone Parkway exit west) Columbia, Missouri

FREE!

- Traditional tradesmen & artisans demonstrating "lost arts"
- Entertainment on three stages
- Cowboys with their chuck wagons
- Lewis & Clark outpost
- Handmade crafts
- Saturday evening ghost stories from 8-9:30 pm
- Fun for Young'uns Area (stilts, paper pumpkins, milk the "cow," rope making, candle dipping, candy in the haystack, hayrides, and much more!)
- Tours of Walters-Boone County Museum, Maplewood House and Village at Boone Junction
- Great Food



Visitors will be taken back to the traditions of the past. Listen, learn, and see history as it comes alive. See artisans and tradesmen dressed in 19th century attire demonstrating their trades and selling their wares. A large contemporary handmade craft area will also be featured.

Enjoy entertainment on two stages including music, dancing and storytelling. Saturday Evening Ghost Stories (8-9:30 pm) are sponsored by the Mid-Missouri Organization Storytellers. Tour the Historic Maplewood Home and the Walter's Boone County Historical Museum and Village. Great food and a beautiful park setting will make the Heritage Festival a family tradition!

The Heritage Festival is coordinated by Columbia Parks & Recreation. Call 573-874-7460 for more information or email Festival Coordinator at KLR@GoColumbiaMo.com

For weather-related cancellations, please call our hotline at 573-874-7663.

For shuttle parking, take Discovery Parkway exit west off Highway 63, and follow the signs, then take shuttle to the park. Some parking will also be available at the park in the grass.



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



Vietnam Veterans Memorial September 24 - 28, 2015

MOVING WALL

Missouri State Capitol, Jefferson City

Date Wall Arrives:	Wednesday, September 23
Date Wall Departs:	Tuesday, September 29
Dates of Wall Viewing:	Thursday, September 24 – Monday, September 28

Tentative Schedule of Events:

Tuesday, September 15th (tentative) Governor's Proclamation Signing and Ceremony

Friday, September 18th 6:30 pm POW/MIA Recognition Day, Capital Rotunda

Saturday, September 19th Carpenter's Union group constructs platform for the Wall

Monday, September 21st Begin prepping area for installation (moving in supplies/equipment)

Tuesday, September 22nd Continue prepping area

Wednesday, September 23rd

Continue prepping area (installing tents, static display)

Assist with setting up tents and "Through the Eyes Vietnam Exhibit (12 volunteers)

Wall arrives (time tbd)

Thursday, September 24th

7 am Wall installation
(it will take 4 hours to install the Wall with 10 volunteers plus time for tents/landscaping/lighting etc.)

Noon..... Opening Ceremony

1 pm – 10 pm Reading of All Names on the Wall begins after open ceremony

1:30 pm Vietnam Veteran Lunch Reception 3rd floor Capitol

6 pm - 9 pm Welcome Home Street Party @ VFW Post 1003

10 pm Taps

Friday September 25th – Monday, September 28th

(Helias homecoming parade is @ 6:30 pm Sept 25 staging at St. Peter Church; Angipalooza downtown on High Street is Sept. 26 6 - 11 pm; Jefferson City's Oktoberfest Hosted By The Old Munichburg is Sept. 2 & 26)

24 hours Wall open for viewing

7 am – 10 pm Reading of All Names on the Wall Continues
(2005 = 26 groups totaling 216 readers for 72 hours reading 58,320)

10 pm Taps

Monday, September 28th

3 pm Closing Ceremony

4 pm Wall removed

*Donations and sponsorships are charitable tax deductions. Please make checks to Jeff City Veterans Council/Moving Wall
c/o Home Savings Bank, P.O. Box 867, Jefferson City, MO 65101*

For more information, please call 573.680.5468

www.jeffersoncityveteranscouncil.org ■ www.facebook.com/VietnamMovingWallJCMO



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



HISPANIC Festival Inc.

Mark Your Calendars 2015 Dates

Fiesta in Florissant

June 27, 28, 2015

Knights of Columbus Park in Florissant

Greater St Louis Hispanic Festival

September 25, 26, 27, 2015

Soulard Park @ 7th & Lafayette Ave!



- LIVE LATINO MUSIC ←
- FOLKLORIC DANCERS ←
- AUTHENTIC FOODS ←
- HISPANIC CRAFTS ←

- INFORMATION BOOTHS
- MARGARITAS & BEER
- EXOTIC PETTING ZOO
- CHILDREN'S PAVILION



Dia de los Muertos

November 8, 2015

Missouri History Museum

For More Information (314)837-6100

www.hispanicfestivalstl.com





The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



S T . L O U I S

SCOTTISH GAMES AND CULTURAL FESTIVAL

2015 Games

HOST OF THE 2015 MASTERS WORLD CHAMPIONSHIP!

**SCOTTISH ATHLETICS
ON BOTH DAYS!**

Spirit Airpark West Drive Chesterfield, MO 63005

Friday, Sept. 25 - Gates open 3-10:30pm *Saturday, Sept. 26 - Gates open 8:30am-6pm
The Scottish Games expand and move in 2015. This year, the Games will be located next to the Spirit of St. Louis Airport in Chesterfield, September 25-26, 2015. This year will feature the Masters World Championships, featuring more than 150 highland athletes from around the world, bagpipes, celtic rock and folk music, food, drink, crafts, goods, highland dancing, kids activities, sheepdog trials, sword fighting, birds of prey and much more.

Gather your clan and join us in Chesterfield on Friday for athletics, food, drink, the Torchlight Calling of the Clans, and two concerts - folk and Celtic rock. And then come all day Saturday for all things Scottish.

Tickets on sale now!

	Friday	Saturday	2-day pass
Adult (17 and older)	\$10	\$15	\$20
Family Pass (2 adults + up to 4 children aged 5-16)	\$25	\$35	\$50
Child (5-16)	\$5	\$5	\$10
Children under 5	Free	Free	Free

Students (17+) and active military will receive a \$5 discount with valid ID.

The St. Louis Scottish Games is 100% volunteer run and is made possible because of your support.

<http://www.stl.scot/>



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



"The elders of each family have the responsibility for setting the moral tone for the family and for passing on the traditional values of our Nation to their children and grandchildren. They bore the hardships and made the sacrifices that produced much of the progress and comfort we enjoy today." (Jimmy Carter, President of the United States of America, Proclamation 4580 - National Grandparents Day, 1978 August 3, 1978)

Source: www.calendar-12.com | Image: www.townpallner.com

Clothespin Photo Display Craft Project

By Ashley Little www.grandparents.com

Rotate your family photos – and your home décor – with this easy photo display idea that requires just a few scissor snips and some tape.

Materials:

- Wooden clothespins
- Washi tape
- Cardstock paper in various colors
- Double-sided tape
- Wide ribbon
- Photos of grandchildren and/or family members

Instructions:

1. Apply washi tape to sides of clothespins.
2. Cut cardstock into rectangle slightly larger than the photos and mount photos to paper using double-sided tape.
3. Cut ribbon to desired size, depending on the number of photos you're using.
4. Pin photos to ribbon using decorated clothespins.
5. If desired, tie a bow using the ribbon. Glue to the top of the ribbon strip for extra decoration.

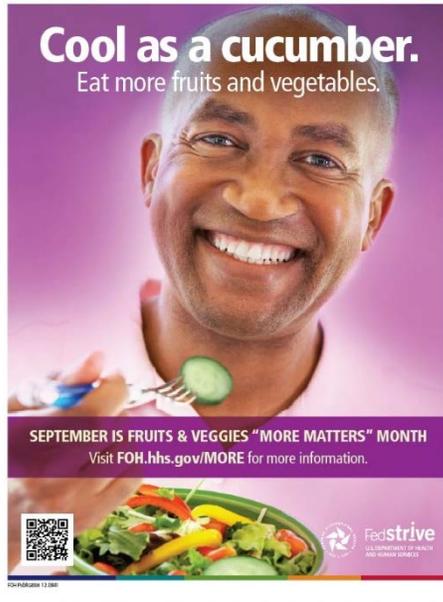




The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

September 2015 Issue 6



TOPIC OF THE MONTH

Fruits & Veggies “More Matters”

For More Information:

www.foh.hhs.gov/calendar

IN THE SPOTLIGHT - WEBINAR



Image Source: www.theconversation.com

TOPIC OF THE MONTH:

Depression and Suicide

VISIT: www.foh4you.com

Live Webinar: *When Someone You Love Has Depression*

Topic Highlights:

*Coping with Suicide *Identifying Symptoms of depression *Getting Help



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

August 2015 Issue 5

Coming Next Month



Image Source: www.mcewyo.net

OCTOBER 2015

2015 THEME:

**MY DISABILITY IS ONE
PART OF WHO I AM**



The Truman

Equal Opportunity * Diversity * Special Emphasis Program Newsletter

August 2015 Issue 5

Contact SGT
Desiree Torres to
help contribute
to this
newsletter

desiree.n.torres.
mil@mail.mil

573-638-9500 x
39788



WE NEED YOUR HELP!!

Help us make *The Truman* even more interesting!

We want

- To hear **your** ideas
- See **your** articles
- Know about **your** community events
- Learn how Diversity plays a role in **your** life in and outside of the Guard



KNOW YOUR EO

JFHQ EO/EEO STAFF

MAJ DEBORAH SMITH
STATE EQUAL EMPLOYMENT MANAGER (SEEM)

TSGT MIKE MARSDEN
EO/EEO SPECIALIST

SGT DESIREE TORRES
EO/EEO ASSISTANT

HHD, JFHQ EO STAFF

LTC ALAN ROHLFING
HR/EO OFFICER

MSG PAUL BOOTH
EQUAL OPPORTUNITY
ADVISOR (EOA)